



FOUR-YEAR-OLDS DAILY SCHEDULE (*example*)

Time	Activity
6:30—7:00 am:	Children begin arriving and are greeted by the staff. Belongings are placed in cubbies and refrigerator. Any special information for each child is shared with caregivers and notated.
7:00—8:45 am:	Free play! Growing Years breakfast is also served daily. A menu is sent home and posted each month for parents.
8:45—9:00 am:	Children use the potty and wash up from breakfast.
9:00—9:20 am:	Morning large group time. Teachers introduce new concepts from the Growing Years curriculum for Four Year Olds. They also engage in other activities such as songs, fingerplays, and stories. Teachers explain what they will find at the center areas that day.
9:20—10:20 am:	Small group time. Three-Year-Olds are engaged in small groups with teachers and other children for activities such as singing, reading books, or doing an art or sensory activity together.
10:20—10:50 am:	After small group time, children move freely throughout the room where teachers have structured interest activities involving small motor development (puzzles, etc.) or large motor development, as well as opportunities for creative expression through dramatic play, building with blocks, and socializing with other four-year-old friends!
10:50—11:00 pm:	Clean up time, potty and getting ready for outside time.
11:00—12:00 pm:	Children are taken outdoors daily as long as weather permits. It is important for children to get fresh air and explore the outside world each day. Growing Years has a separate playground for this age group that is full of fun, developmentally appropriate equipment.
12:00—12:30 am:	Lunchtime! Teachers sit and enjoy lunch with their children and then clean-up together.
12:30—1:00 pm:	After lunch and bathroom time, Four Year Olds are read a favorite story and lay down on cots for nap time and teachers pat children's backs until they fall asleep. Soft music is also played to comfort children during nap time
1:00—2:20 pm:	Rest time for Four Year Olds.
2:20—2:30 pm:	Children are encouraged to use the potty and wash up from nap.
2:30—3:30 pm:	Four-Year-Olds are engaged in small groups with teachers and other children for activities such as singing, reading books, or doing an art or sensory activity together.
3:30—4:00 pm:	Snack



Time	Activity
4:00—5:00 pm:	Children are taken outdoors daily as long as weather permits. It is important for children to get fresh air and explore the outside world each day. Growing Years has a separate playground for this age group that is full of fun, developmentally appropriate equipment
5:00—6:00pm:	Free play! Children engage in individual activities with primary caregivers as they await pick-up by parents. Upon pick-up, primary caregivers share news of the day's activities for each Three-Year-Old and chat with parents.
6:30—7:00 am:	Children begin arriving and are greeted by the staff. Belongings are placed in cubbies and refrigerator. Any special information for each child is shared with caregivers and notated.