



INFANTS: DAILY SCHEDULE *(example)*

Time	Activity
6:30—7:00am:	Children begin arriving and are greeted by staff. Belongings are placed in cubbies and refrigerator. Any special information for each child, such as feeding, sleeping, pick-up, etc., is shared with caregivers and notated.
7:00—8:30am:	Growing Years breakfast is served each day for those children who are ready for table food. Breakfast and lunch menus are sent home and posted each month for parents.
8:30—10:00am:	Infants are engaged in stretching, tummy time activities, cuddling and simple games. They are rocked, changed, and fed before their morning nap, as needed. Older infants move to the large motor area where they have circle time, which might involve singing, storytelling, or fingerplays in conjunction with Growing Years Developmental curriculum for babies. Oldest infants might also have water play, dramatic play, blocks, tunnel play and art exploration. Morning snack is served to those babies that are ready for table food.
10:00—11:00am:	Children are taken outdoors daily as long as weather permits. It is important for children, even infants, to get fresh air and explore the outside world each day. For the youngest infants, we have special seats that fit inside our 4 seater buggies. For the oldest infants, who are beginning to walk, we have a special playground full of fun equipment for them.
11:00—11:30pm:	Growing Years lunch is served for those who are ready for table food. Diapering occurs as needed.
11:30—1:30 pm:	Babies are rocked, changed, and fed before their afternoon nap as needed. Soft music is played to comfort children during nap time.
1:30—3:30pm:	Afternoon snack is served for those babies who are ready for table food. Babies are engaged in small group or tummy time activities with their primary caregiver and other children, such as singing, reading books, or doing an art or sensory activity together. Older infants return to the large motor area where teachers have structured center activities involving motor development through sitting, crawling, or walking, opportunities for creative expression through dramatic play, building with blocks, art, and socializing with other baby friends!
3:30—4:30pm:	Babies are taken outdoors again by their primary caregivers, in the same way as in the morning, weather permitting.
4:30—6:00pm:	Children engage in individual activities with primary caregivers depending on their age as they await pick-up by parents. Upon pick-up, primary caregivers provide a written summary of the day's activities for each baby and chat with parents.