

## **YOUNG-FIVES DAILY SCHEDULE** (example)

Time	Activity
6:30—7:00am:	Children begin arriving and are greeted by staff. Belongings are placed in cubbies. Any special information for each child is shared with teachers and notated.
7:00—8:30am:	Growing Years breakfast is served each day. Breakfast and lunch menus are sent home and posted each month for parents.
8:45—9:00am:	Journal time: Children practice writing in their journals each day using journaling prompts provided by the teacher.
9:00—9:30am:	Morning large group time. Teachers introduce new concepts from the High Reach curriculum for Young Fives. They also engage in other activities such as songs, finger plays, and stories. Teachers explain what they will find at the center areas that day.
9:30-10:50am:	Young Fives move freely about the room engaging in interest area activities, such as writing, reading, sand and water play, dramatic play, blocks, manipulatives, and art exploration. Open snack is also offered at this time as a center choice.
10:50—11:00am:	Small group time.
11:00—12:00 am:	Children are taken outdoors daily as long as weather permits. It is important for children to get fresh air and explore the outside world each day. Growing Years has a separate playground for this age group that is full of fun, developmentally appropriate equipment.
12:00-12:10 pm:	Children are encouraged to use the potty, wash up, and prepare for lunch.
12:10—12:40 pm:	Lunchtime! Teachers sit and enjoy eating with the children. Then children are encouraged to clean-up together.
12:40— 1:00 pm:	Show and Tell time or games, songs, and a story.
1:00—2:45pm:	After lunch and bathroom time, children lay down on mats for nap time and teachers pat children's backs until they fall asleep. Soft music is also played to comfort children during nap time.
2:45—3:00pm:	Children awake from nap and prepare for going outdoors.
3:00—3:30pm:	Young Fives are engaged in small groups with teachers and other children for activities such as singing, reading books, or doing an art or sensory activity together. After small group time, children move freely throughout the room where teachers have structured interest activities involving small motor development (puzzles, etc.) or large motor development, as well as opportunities for creative expression through dramatic play, building with blocks, and socializing with other young five-year-old friends!
3:30—4:30pm:	Outdoor recess time. It is important for children to get fresh air and explore the outside world each day. Growing Years has a separate playground for this age group that is full of fun, developmentally appropriate equipment.



Time	Activity
4:30—5:00pm:	Large group, story time, and songs.
5:00—6:00pm:	Children engage in individual activities with teachers as they await pick-up by parents.
	Upon pick-up, teachers share news of the day's activities for each child and chat with
	parents.